

Dainty, Useless Boleros.

MODE OF THE SEASON THAT FEW WOMEN CAN RESIST.

Little Dress Accessories That Lead Caches to the Simplest of Frocks—Charming Collar and Cuff Sets Another of the Season's Fancies—Lingerie and Lace.

The little boleros, fichus, collars, etc., among the most fascinating showings of the season, and it is a brave woman who can go past the counters where they are displayed without stopping to admire, if not to covet or to buy. Clever designers have racked their brains for new and original effects within the somewhat limited scope of these dainty dress accessories and the result is an amazing variety and a wonderful wealth of detail.

Boleros of all shapes and in all sizes are evolved from laces, embroideries and sheer lingerie stuffs and one of these coquettish little affairs will lend cachet to even the simplest of cotton frocks. To be sure the best models are expensive. When were good models and hand work ever cheap?

The coarse and cheap imitations fall utterly as substitutes for in this sort of thing it is the fitness, the daintiness, that is the key note of the success. If one can not buy a good article it is better to pass the counter by and content oneself with some simpler effect which one may herself achieve by hand, or trust to a seamstress.

Still the season of summer bargains is here, and these little coats and collars, etc., are showing the fate of all the summer goods, so they may come within the reach of women for whom, in their best phases, they were out of the question earlier in the season.

The short loose bolero with full open sleeves is the usual model and the variations

are wrought by trimming details and materials; but there are also radical differences in length and shaping, especially among the all lace coats. There is, for example, the little coat of guipure shown in one of the sketches, with its long curving, pointed front, and its about waisted Empire back ending in a short basque tail.

No trimming was used upon the model, save a small collar of satin, large buttons of carved ivory matching the tone of the lace, and a frill of soft yellowed lace finishing the about little sleeve, which was hardly more than a sleeve cap; but the lace was handsome, and the coat was a most elegant little garment, bound to give an air to any sheer frocks with which it might be worn.

Loose little caracos of lace or of lace and embroidered batiste or embroidered linen are popular and used both as integral parts of costumes and as separate coats to slip on over thin frocks, and there are many amusing little Empire coats, pointing downward in front and running up to the shoulders in the back, or out away almost to the point of invisibility in the fronts and rounding to the middle of the back, where a short little square collar or fish-tail falls.

These Empire ideas are, of course, extreme; but the vague boleros, such as have been sketched for the cuts on this page, are not bizarre, though original and dainty, and it would be by no means difficult to introduce one of them into the plan of a sheer summer frock. The circular shoulder trimming of one of the models was unusual and might be introduced successfully upon a sheer blouse as well as upon a coat.

The effect is that of three flat lace circles edged with lace frills and laid one over the other, with the smallest on top. The body of the bolero was of hand embroidered linen, and crescent shaped motifs of lace were set into the linen, forming a deep scalloped border around the fronts, bottom and sleeves.

Another embroidered linen bolero assumed petaline stole lines in front, a square stole piece of linen, embroidered, inset with lace and bordered by a lace frill, being set upon the loose capelle bolero. Models of shape similar to this are shown in sheer, hand embroidered linen, and some of these little linen wraps look much like a wide embroidered scarf drawn round the shoulders and down to the waist, where the scarf ends are held in by a girle, falling free for a short distance below the girle.

Full little cape pieces joined to the scarf across the shoulders and in front and behind the arms serve the purpose of sleeves. While net trimmed with innumerable platings and puffings of the net and lace frills is the material for other boleros, triple plaited frills of net forming the short sleeves. Boleros and yokes combined, finished with a high collar, fitted smoothly over the chest and shoulders and falling in collar or berthe and loose bolero body and

below are made in batiste, hand-

broidery on sheer batiste which is a veritable work of art and in its more elaborate forms commands appalling prices.

Some women have brought out really antique collars rich in hand embroidery and yellowed with age and are wearing them upon their coats, but the shapes of these do not always adapt themselves to the modern coat neck, and the imitation antique is really the more effective, because it is shaped to meet modern exigencies.

The cuffs included in these coat sets are usually very deep, and it must be admitted that in sheer material, upon a long coat sleeve they are a decided nuisance. The finer materials, such as linen or pique will be found more satisfactory for wear with the tailored street costume, and where sleeves are short it is often impossible to use the cuffs at all, though some models, rather narrow and flaring, are provided to meet this difficulty.

As for chemisettes and guimpes and undersleeves in lingerie and lace, they are legion; and some of them are very lovely, though a multitude of cheap and coarse models is to be seen in the shops. On the finer models delicate hand embroidery is the characteristic feature, as in all fine lingerie accessories, but there are many less expensive chemisettes of fine linen and lace as well as all lace models, varying in price from \$1 to \$50.

Champion Endurance Walker. From the London Globe.

There are many records of sorts, and an Italian with a passion for dancing has added another—that of the endurance walk. This novel champion's name is Signor Guastierro, and he made his display in Paris during Sunday with five competitors, lured by the challenge offer of Signor Guastierro to give £40 to the man who could dance him down.

Incidentally a record for the single pianist who played the contest through, for it was part of the plan that the slightest break or interruption, as if they formed successive movements, was a single composition. The contest was held at 10 A. M. and it closed at 1230 yesterday morning. For an hour before that Signor Guastierro was merely shuffling his feet. The number of dances played was 255. Signor Bull Luigi was the player.

When a Royal Train Breaks Down. From the London Globe.

It may not be generally known that a telegraph always accompanies a royal train. In case of any accident a ladder is placed against the telegraph post and a wire attached to the telegraph works while sitting on the bank. By this means word can be sent at once to the nearest railway station, giving such instructions or modifications as may be deemed necessary.

When a train with the sovereign on board is travelling all the men in responsible positions are forwarded.

A trial was made once. The royal train was purposely stopped and the telegraph sent off his dispatch in the manner described. The result was satisfactory in every respect. Otherwise the telegraph service would never have been asked into requisition during a royal railway journey.

Many exquisite yoke and berthe models made for wear over an untrimmed blouse are offered along with the lingerie and lace boleros, and the plain surface affords excellent opportunity for the embroiderer's skill and for intricate insertings of lace. There are, too, collar and short yoke pieces made in one, falling in two points, front and back, and made to be set outside a blouse simply slipped into a neckband.

The neck and collar sets for coats are one of the season's fancies. The designers have exploited the idea before, but never with such thoroughness and such variety, and this summer the designers have outdone themselves in this line. One may buy any sort of set from the plain linen or pique with embroidered scalloped edge, which is eminently practical for hard wear and frequent laundering, to the antique em-

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VACATION HEALTH RULES.

WALK, BUT DON'T OVERDO IT, IS ONE OF THE FIRST.

Lying in a Hammock Not the Best Way of Resting. Either—Advice as to Avoiding Bad Effects of Sea Bathing—Over-eating a Sin to Which Women Are Prone

"We have rather more trouble with women guests than some other summer hotels, for the reason that both mountains and lake are included in the attractions of the place and the sea is less than two miles away."

It was the managing housekeeper of a summer hotel who made this remark on the eve of departure from New York to assume charge of her department.

"Why so?" the woman was asked.

"Because we have to deal with women who want to show what they can do in mountain climbing, who are anxious to make a record of that sort made from time to time by guests at the hotel and also with women who go in for wearing a bathing suit most of the day and who when not bathing

some days she varied this by driving just before noon over to the ocean, where she would indulge in a heavy lunch of lobster and crabs, of which she was inordinately fond, and then spend a couple of hours in the ocean. At the hotel she would eat lobster—a whole one—for luncheon and another for dinner if she could get it. Her favorite nightcap was lobster or shellfish of some sort."

"Now, eaten in moderation, nothing is more healthful than lobster and crabs; but the woman I am speaking of didn't do anything in moderation. As a result, after a little more than two weeks of this sort of thing she was taken ill, very ill. The house physician said it was the worst case of indigestion that he had ever encountered."

"But do you think his patient would admit that her illness was the outcome of her own foolishness? Not she."

"It was bad food, stale shellfish, poor cooking, she told every one who came near her, and the unthinking believed her."

"Leaving out the lobster, there were two similar cases last summer. A young woman and a young matron were both overfond of still water and surf bathing."

"When the young woman's mother arrived

eight weeks she went home thinner than when she came."

"I could fill a book with the foolish exploits in the water and on land of the women at our hotel, and it would make interesting reading for any one but the proprietor."

At this juncture the housekeeper put on her hat and went off to buy the railroad ticket, and the reporter sought the office of Dr. Edward Wallace Lee and put this question:

"In your opinion should a woman who goes to spend a month's vacation, a woman of affairs, say, who is tired mentally, if not physically, spend some time every day walking, or is it wiser for her to stay in a hammock most of her waking hours?"

"Walking may be called the universal exercise," the doctor began. "It is certainly the most healthful I know of, and a woman who doesn't improve in health by taking a judicious amount of this sort of exercise every day, and who can't enjoy walking, has something radically wrong with her. Hammocks have their uses, but I would not advise a woman who is in normal condition, no matter how tired she may be, to spend most of her vacation in one, whether her vacation lasts only two weeks or two months, or longer."

"Who doesn't walk any during their vacation will undoubtedly gain flesh or, rather, I should say fat, but they won't gain muscle and strength, and every woman ought to cultivate muscle instead of fat. If most women would walk systematically every day, winter and summer, they would be better off."

"Walking promotes every normal function, the function of respiration in particular. The main benefit some persons derive from a sea voyage is not due, as they imagine, to inhaling big doses of pure air, but to the circumstance that they walk the deck so much."

"Lying in a hammock one can breathe quantities of fresh air, but during a brisk walk, in addition to breathing fresh air, a perspiration is started which helps to make effective material. The trouble is that some people when they start in to walk for health while on an outing are apt to overdo."

"A woman entirely unaccustomed to the exercise may accompany some one who can easily do two or three miles without getting tired, and in trying to keep up with her companion will come back used up and disinclined to repeat the attempt."

"To my mind one of the best health rules for vacation time is this: Walk a bit every day, but never walk to the point of extreme fatigue."

"At the start, if more than half a mile makes one feel tired, don't walk a step further than half a mile. The next day the walk will probably be extended a trifle further and the day following a trifle further than that. There is no hard and fast rule which holds good in cases of this sort."

"For a woman who seldom or never, when in the city, walks more than one mile at a stretch to undertake to go up and down a mountain several thousand feet high as soon as she strikes the country is exceedingly unwise. Better let her train up to the mountain by easy stages."

"And about still water and surf bathing? What part ought they to play in the vacation schedule?"

"A very moderate part. Unfortunately in too many cases persons who care about going into the water at all are inclined to indulge immoderately in bathing and swimming. A good general rule, a pretty safe rule, is never to indulge in either surf or still water bathing often more than once a day and never to stay in the water longer at a time than half an hour."

"To a practiced eye many persons on their return from the seashore show the result of overbathing in their skin. The skin has a natural function and if washed too often this function is hindered and the results are not pretty."

"The danger of catching cold from sitting on the beach in a wet bathing suit, even if the sun is shining, is scarcely worth considering in connection with persons in normal condition. It is almost never, I think, that one suffers that penalty."

THE BOARD WAS AFTER BEAUTY. Chicago Schoolman Voted For Because She Was Pretty.

Of the thousands of teachers who have been in the service of the Chicago schools only one, Miss Jane Zabriske, can turn over the pages of the minutes of the school board and find recorded in them that she is pretty.

The election of Jane Zabriske to the chair of household arts at the training college for teachers, says the Chicago Tribune, followed a bitter factional disturbance.

William Wesley Black, head critic of the school, had been tried on a charge of not being in sympathy with the teachers whose work he was engaged to criticize.

Charges against Black summed down to the single accusation that he did not know how to smile, but went his rounds with a stern face which sent the chills running along the spines of the peevish school-masters.

While the name of Miss Zabriske came up before the school board some one opposed her election because she was not a resident of Chicago.

"But," pleaded Mrs. Sherman, one of the board, "Miss Zabriske was a resident of Chicago for two years, and—and she is extremely good looking."

"It seems to me," said Trustee Gallagher, "that \$200 jobs are given away unceremoniously nowadays."

"But this woman is pretty," interposed Trustee Joseph Downey.

"Yes, yes," shouted a dozen trustees. "Has she a pretty smile?" demanded Trustee Edwin Howland. "A radiant smile is needed at the normal."

"Sit down, Tom," Mrs. Sherman says the young woman is pretty. "That ought to be enough for you," declared Mr. Harris.

Tom Gallagher sat down. Somebody moved the election of Miss Zabriske. Somebody else unopposed the motion. It was carried without a dissenting vote.

later in the season she was shocked at her daughter's looks.

"Why, how thin you are," was the first thing she said. "Has happened to your complexion? Your skin looks so rough! You don't appear to be nearly so well as when you left home."

"That mother arrived none too soon, for the very next day the girl took to her bed and the doctor said it was a case of exhaustion from living too much in the water."

"Doesn't the doctor ask guests whom he suspects of overdoing in any direction? Oh, dear, no. A hotel isn't a sanitarium, and guests would think it impudent if any one criticized their actions."

"Even when ill a patient often regrets hearing the truth. I remember one day a woman sent for me in hot haste after a visit from the hotel physician, who had treated her for a bilious attack. I found her red with indignation."

"That doctor is an impudent fellow," she cried, "and I want you to tell the proprietor that I insist on his sending for some one else to treat me."

"What did the doctor say?" I inquired.

"He told me I ate entirely too much rich food—just as if I didn't pay for all I ate."

"She couldn't be reasoned with. Overeating is one of the commonest causes of trouble at summer hotels among women who are past their first youth and spend all their time idly on the piazzas and in driving and sleeping. On the whole, however, such women don't give us as much trouble as guests who go in for long walks and refuse to be satisfied with anything short of climbing every peak within miles of the hotel."

"I have known women who never dream of walking more than a few blocks in the city and who the minute they reach our hotel start out to climb a mountain in high heeled shoes and openwork stockings. I have known others who from the start determined to walk a given number of miles a day."

"A frail looking city girl arrived last summer brimming over with enthusiasm at the prospect of training up to ten miles a day, like her English cousin, who thought ten miles just a pleasant little saunter. Fortunately this girl dressed the part when she went mountain climbing, wearing stout, flat heeled shoes, flannel bloomers and a short skirt without frills."

"No, she never did her ten consecutive miles, and at that every few days she had to take a sofa and rest. At the end of

five weeks she was thinner than when she came."

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Broadway & 19th Street.

Check on Mosquitoes.

From Chambers's Journal.

The island of Barbados enjoys a certain immunity from the visitations of the malarial mosquito. In many of the waters of this island there flourish in great quantities a tiny fish known locally by the name of "millions," and there is believed to be a connection between the existence of this fish and the comparative non-existence of the malarial mosquito.

Some interesting experiments are now being tried in the West Indies with a view to determine to what extent one fact bears upon the other, and to see whether the beneficial little fish can be induced to devour the larvae of the mosquito. The fish, it is known, feeds on the larvae of the mosquito, and it is believed that the comparative non-existence of the malarial mosquito.

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